



First Christian Reformed Church of Lynden  
From Generation to Generation for the Glory of God

***God's precious and exceedingly great promises in hard times***

***Colossians 3:16*** *Let the word of Christ dwell in you richly,  
teaching and admonishing one another in all wisdom,  
singing psalms and hymns and spiritual songs,  
with thankfulness in your hearts to God.*

**Scripture**

***Psalm 19:7*** *The law of the Lord is perfect, reviving the soul;  
the testimony of the Lord is sure, making wise the simple.*

**Psalm 91:1-16**

- <sup>1</sup> He who dwells in the shelter of the Most High  
will abide in the shadow of the Almighty.
- <sup>2</sup> I will say to the Lord, "My refuge and my fortress, my God, in whom I trust."
- <sup>3</sup> For he will deliver you from the snare of the fowler and from the deadly pestilence.
- <sup>4</sup> He will cover you with his pinions, and under his wings you will find refuge;  
his faithfulness is a shield and buckler.
- <sup>5</sup> You will not fear the terror of the night, nor the arrow that flies by day,  
<sup>6</sup> nor the pestilence that stalks in darkness, nor the destruction that wastes at noonday.
- <sup>7</sup> A thousand may fall at your side, ten thousand at your right hand,  
but it will not come near you.
- <sup>8</sup> You will only look with your eyes and see the recompense of the wicked.
- <sup>9</sup> Because you have made the Lord your dwelling place—the Most High, who is my refuge—  
<sup>10</sup> no evil shall be allowed to befall you, no plague come near your tent.
- <sup>11</sup> For he will command his angels concerning you to guard you in all your ways.
- <sup>12</sup> On their hands they will bear you up, lest you strike your foot against a stone.
- <sup>13</sup> You will tread on the lion and the adder;  
the young lion and the serpent you will trample underfoot.
- <sup>14</sup> "Because he holds fast to me in love, I will deliver him;  
I will protect him, because he knows my name.
- <sup>15</sup> When he calls to me, I will answer him; I will be with him in trouble;  
I will rescue him and honor him.
- <sup>16</sup> With long life I will satisfy him and show him my salvation."

**Song**

***Psalm 59:16*** *But I will sing of your strength; I will sing aloud of your steadfast love in the morning.  
For you have been to me a fortress and a refuge in the day of my distress.*

[You can Google the hymn to hear it if you would like to sing along.]

**On Eagle's Wings**

You who dwell in the shelter of the Lord,  
Who abide in his shadow for life,  
Say to the Lord: "My refuge,  
My rock in whom I trust!"

*Refrain:* And he will lift you up on eagle's wings,  
Bear you on the breath of dawn,  
Make you to shine like the sun,  
And hold you in the palm of his hand.

The snare of the fowler will never capture you,  
And famine will bring you no fear;  
Under his wings your refuge,  
His faithfulness your shield. *Refrain*

You need not fear the terror of the night,  
Nor the arrow that flies by day;  
Though thousands fall about you,  
Near you it shall not come. *Refrain*

For to his angels he's given a command  
To guard you in all of your ways;  
Upon their hands they will bear you up,  
Lest you dash your foot against a stone. *Refrain*

("On Eagles Wings" words and music by Michael Joncas, © 1979 OCP Publications, CCLI #358926, Streaming License 20317932)

## **Prayer**

*II Chronicles 7:14* If my people, who are called by my Name, will humble themselves and pray.

Holy Father, hear our prayer and help us to pray. We are poor and needy, weak and foolish, so make haste to come to us and help us. We make our appeal to you the only true and living God. You are the only one from whom help comes, we seek it in no one else or no where else.

Father, we have neglected you, we have ignored you, we have gone our own way, we are all like sheep who have strayed and wandered and turned away. We have neglected you so long we don't know the way back. It is easier to just keep neglecting you. By your Spirit change our hearts. Make us dissatisfied with what does not glorify you. Lead us in paths of righteousness. Open to us the way you would have us to go.

Lord, conquer in us all that resists you. Teach us what we don't want to learn. You have taught others who were just as stubborn as us. You have said you can even raise up children of Abraham from stones, raise us up from our stony hearts.

Holy God, you have brought nations to repentance before, even pagan Nineveh turned back at the worlds of the prophet Jonah. Draw the hearts of our leaders and citizens back to you. Open our blind eyes to see the wickedness of our ways, our greed and materialism, our lust and fleshly desires, our bloody complicity with the killing of the innocent, our complacency toward sexual perversion and all that is an abomination to you and an offense to your holiness and glory.

Holy Father, forgive us, have mercy on us, deliver us from evil lest we perish. We cast ourselves on your mercy and compassion. Glorify yourself through a great salvation. Hear our cries.

You are our only hope and salvation. We love you, help us to love you more. Thank you for your great love that you show to us even when you are disciplining us and calling us back to yourself. All this we pray and ask in the name of Jesus your Son. Amen.