First Christian Reformed Church of Lynden



From Generation to Generation for the Glory of God

God's precious and exceedingly great promises in hard times

Colossians 3:16 Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.

Scripture

Reflections on coming to the Lord's Table.

- **Matthew 26:26-29** Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, "Take, eat; this is my body." ²⁷ And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you, ²⁸ for this is my blood of the covenant, which is poured out for many for the forgiveness of sins. ²⁹ I tell you I will not drink again of this fruit of the vine until that day when I drink it new with you in my Father's kingdom."
- **John 6:32-35** Jesus then said to them, "Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven.³³ For the bread of God is he who comes down from heaven and gives life to the world." ³⁴ They said to him, "Sir, give us this bread always." ³⁵ Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.
- **John 6:48-51** "I am the bread of life. ⁴⁹ Your fathers ate the manna in the wilderness, and they died. ⁵⁰ This is the bread that comes down from heaven, so that one may eat of it and not die. ⁵¹ I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. And the bread that I will give for the life of the world is my flesh."
- **John 6:53-58** So Jesus said to them, "Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. ⁵⁴ Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. ⁵⁵ For my flesh is true food, and my blood is true drink. ⁵⁶ Whoever feeds on my flesh and drinks my blood abides in me, and I in him. ⁵⁷ As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. ⁵⁸ This is the bread that came down from heaven, not like the bread the fathers ate, and died. Whoever feeds on this bread will live forever."
- Acts 2:42 They devoted themselves to the apostles'; teaching and the fellowship, to the breaking of bread and the prayers.
- **I Corinthians 10:16-17** The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? ¹⁷ Because there is one bread, we who are many are one body, for we all partake of the one bread.
- I Corinthians 11:23-29 For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, ²⁴ and when he had given thanks, he broke it, and said, "This is my body, which is for you. Do this in remembrance of me." ²⁵ In the same way also he took the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." ²⁶ For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes. ²⁷ Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord. ²⁸ Let a person examine himself, then, and so eat of the bread and drink of the cup. ²⁹ For anyone who eats and drinks without discerning the body eats and drinks judgment on himself.

Revelation 19:6-9 Then I heard what seemed to be the voice of a great multitude, like the roar of many waters and like the sound of mighty peals of thunder, crying out,

"Hallelujah! For the Lord our God the Almighty reigns.

⁷ Let us rejoice and exult and give him the glory,

for the marriage of the Lamb has come, and his Bride has made herself ready;

⁸ it was granted her to clothe herself with fine linen, bright and pure"

for the fine linen is the righteous deeds of the saints.

⁹ And the angel said to me, "Write this: Blessed are those who are invited to the marriage supper of the Lamb." And he said to me, "These are the true words of God."

Song

Psalm 59:16 But I will sing of your strength; I will sing aloud of your steadfast love in the morning. For you have been to me a fortress and a refuge in the day of my distress.

[You can Google the hymn to hear it if you would like to sing along.]

Jesus, Thou Joy of Loving Hearts

Jesus, thou joy of loving hearts, thou fount of life, thou light of men, from fullest bliss that earth imparts we turn unfilled to thee again, we turn unfilled to thee again.

We taste thee, O thou living bread, and long to feast upon thee still; we drink of thee, the fountainhead, and thirst our souls from thee to fill, and thirst our souls from thee to fill.

Our restless spirits yearn for thee, Where'er our changeful lot is cast, glad that thy gracious smile we see, blest that our faith can hold thee fast, blest that our faith can hold thee fast. ("Jesus, Thou Joy of Loving Hearts" words by Henry Baker trans. Ray Palmer © Public Domain CCLI# 358926 Streaming License #20317932)

Prayer

II Chronicles 7:14 *If my people, who are called by my Name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.*

On Holy Ground, prayer by Charles Spurgeon

"Our Father, which art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven." We fear that we often begin our prayer with petitions for ourselves and put our daily bread before Thy kingdom, and the pardoning of our sins before the hallowing of Thy name. We would not do so today, but guided by our Lord's model of prayer, we would first pray for Thy glory. Thou hast made us and not we ourselves. We are Thy people and the sheep of Thy pasture. All glory be unto Thee, Jehovah, the only living and true God. With heart and mind, and memory and fear, and hope and joy, we worship the Most High. It well becomes us to put our shoes from off our feet when we draw near to God, for the place whereon we stand is holy ground. If God in the bush demanded the unsandalled foot of the prophet, how much more shall God in Christ Jesus? With lowliest reverence, with truest love, we worship God in Christ Jesus, uniting therein with all the redeemed host above, with angels and principalities and powers. We cannot cast crowns at His feet, for we have none as yet, but if there be any virtue, if there be any praise, if there be about us anything of grace and good repute, we ascribe it all to God. We cannot veil our faces with our wings, for we have none, but we veil them with something better than angelic wings, the blood and righteousness of Jesus Christ. With these we cover our faces, with these we cover our feet, and with these we fly up to God in holiest fellowship of God. Glory, and honor, and power, and dominion be unto Him that sitteth upon the throne and unto the Lamb forever and forever.

We do with all our hearts pray, "Thy kingdom come, Thy will be done on earth, as it is in heaven." Lord, help us to do Thy will. Take the crippled kingdom of our manhood and reign Thou over it. Let spirit and body be consecrated to God. May there be no reserves. May everything be given up to Thee. Reign forever! Pierced King, despised and nailed to a tree, sit Thou on the glorious high throne in our hearts and may our lives prove that Thou art Lord over us by our every thought and desire, and imagination, and word, and act, in every respect being under Thy divine control.

If it might be so, we would pray for the coming of our Lord very speedily to end these sluggish years, these long delaying days. But if He come not, yet put power into Thy truth and quicken Thy Church that she may become energetic for the spread of it, that so Thy kingdom may come. This do we seek first and above everything, the glory of God. We ask for grace that we may live with this end in view. May we lay ourselves out to it. May this be our morning thought, the thought that we have in our minds when we lay awake at nights.

But above all, give us spiritual help. Give us wisdom, which is profitable to get. Give us the absence of all self-seeking and a complete yielding up of our desires to the will of God. Help us to be as Christ was, who was not His own, but gave Himself to His Father for our sins. So may we for His sake give ourselves up to do or suffer the will of our Father who is in heaven. Prepare us all for Thy glorious advent. Keep us waiting and watching and do Thou come quickly to our heart's desire, for we pray, "Thy kingdom come, Thy will be done on earth, as it is in heaven, for Thine is the kingdom, and the power and the glory, forever and ever." Amen.